

I was in the Navajo community of Thoreau recently and saw some dynamic seniors reshaping the health of their community. These Navajo seniors knew that decades ago, when the Navajo people were leading an active life and herding their sheep and livestock and eating traditional food, there was very little disease. They remember diabetes and other modern ailments were also unheard of in the Navajo population. So with the help of the Centers for Disease Control and the University of New Mexico Preventive Health Center, they designed a menu of healthy traditional foods.

They call the regimen of regular exercise and healthier eating "The Healthy Path." The seniors are teaching younger parents and their grandchildren the benefits of these healthier foods and how to begin The Healthy Path. Word has spread, and there are now a dozen healthy path initiatives ongoing in Navajo chapter houses.

This is not rocket science. We know prevention works. We have the tests and screening to know when someone is pre-diabetic, on a path to diabetes. Doctors have known for years that regular exercise, weight loss and healthy diet will virtually eliminate Type II diabetes. Let us put this knowledge to work and create healthier individuals and communities.

RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until 2 p.m. today.

Accordingly (at 12 o'clock and 44 minutes p.m.), the House stood in recess until 2 p.m.

□ 1400

AFTER RECESS

The recess having expired, the House was called to order by the Speaker pro tempore (Mr. PETRI) at 2 p.m.

PRAYER

The Chaplain, the Reverend Daniel P. Coughlin, offered the following prayer: Lord God, all Your ways are just. You alone are the source of true compassion and love. We turn to You to be strengthened this week so we may accomplish the work You set before us.

By their deeds You judge all peoples. May this Congress prove to be just stewards of the resources of this Nation and worthy leaders who gain the respect of the people.

Above all and in all, guide their judgment and place prudence and practicality in their hearts. May they meet their responsibilities with fair and open debate, seeking the best means to achieve common goals.

May their work, conversations and all their efforts be dedicated to Your service and meet the needs of the least in our midst now and forever. Amen.

THE JOURNAL

The SPEAKER pro tempore. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

PLEDGE OF ALLEGIANCE

The SPEAKER pro tempore. Will the gentleman from Minnesota (Mr. GUTKNECHT) come forward and lead the House in the Pledge of Allegiance.

Mr. GUTKNECHT led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore. Pursuant to clause 8 of rule XX, the Chair will postpone further proceedings today on motions to suspend the rules on which a recorded vote or the yeas and nays are ordered, or on which the vote is objected to under clause 6 of rule XX.

Record votes on postponed questions will be taken after 6:30 p.m. today.

RECOGNIZING AGRICULTURAL RESEARCH SERVICE FOR 50 YEARS OF OUTSTANDING SERVICE

Mr. GUTKNECHT. Mr. Speaker, I move to suspend the rules and pass the Senate joint resolution (S.J. Res. 22) recognizing the Agricultural Research Service of the Department of Agriculture for 50 years of outstanding service to the Nation through agricultural research.

The Clerk read as follows:

S.J. RES. 22

Whereas the Agricultural Research Service is the primary research agency of the Department of Agriculture and provides the Department of Agriculture and other Federal offices with objective research that is critical to the missions of those offices;

Whereas the agricultural research conducted by the Agricultural Research Service has an enormous impact on the economic viability of agriculture in the United States and around the world;

Whereas people around the world, especially rural Americans, enjoy a higher quality of life due in part to the work of the Agricultural Research Service to expand scientific knowledge;

Whereas the Agricultural Research Service has achieved major scientific breakthroughs that have benefited farmers, ranchers, agribusiness, and consumers;

Whereas the Agricultural Research Service has made scientific discoveries and technological developments that address agricultural problems of broad scope and high national priority, ensure safe and high quality food and other agricultural products that meet nutritional needs, and maintain a quality environment and natural resource base; and

Whereas the Agricultural Research Service continues to play a vital role in maintaining

the global competitiveness and leadership of the United States in the next millennium: Now, therefore, be it

Resolved by the Senate and House of Representatives of the United States of America in Congress assembled, That Congress—

(1) recognizes the Agricultural Research Service of the Department of Agriculture for 50 years of outstanding service to the Nation through agricultural research; and

(2) acknowledges the promise of the Agricultural Research Service to continue to perform outstanding agricultural research in the next 50 years and beyond.

The SPEAKER pro tempore. Pursuant to the rule, the gentleman from Minnesota (Mr. GUTKNECHT) and the gentleman from Texas (Mr. STENHOLM) each will control 20 minutes.

The Chair recognizes the gentleman from Minnesota (Mr. GUTKNECHT).

Mr. GUTKNECHT. Mr. Speaker, I yield myself such time as I may consume.

Mr. Speaker, Senate Joint Resolution 22 honors the Agricultural Research Service, the primary research agency of the United States Department of Agriculture. On Wednesday, October 29, the House Committee on Agriculture reported out an identical resolution, House Joint Resolution 74.

Although ARS can trace its heritage back to early 19th century seed collection activities in the U.S. Patent Office, it was originally organized on November 2, 1953, when the USDA consolidated most of its research functions into one newly-named Agricultural Research Service.

I am very pleased to help ARS mark its 50th anniversary and to use this occasion to recognize the important contributions ARS has made to the agricultural community, as well as to our Nation.

ARS is a public institution that conducts agricultural research exclusively for the public good. ARS scientists and other employees serve the Nation in their capacity of public servants and are accountable to the American people. The research is often long-term and costly and unlikely to be undertaken by the private sector. The ARS discoveries and innovations touch the lives of every American through the food we eat, the clothes we wear, and the environment in which we all live. Those of us from rural districts see firsthand the impact of ARS research but we should all be mindful of the agency's unique contributions to the quality of life for people everywhere. This impact is far greater than anyone could have imagined 50 years ago.

To mark its five decades of public service and to look forward to the next 50 years and beyond of even greater service to this Nation, ARS will be celebrating with various events throughout the next year. In fact, in recognition of the local and national partnerships that are the foundation of much of their research, ARS has declared this a year of outreach and will hold an open house or in some other way throw open their doors at each location over the next year. With over